Sub InsertPicturesWithFixedHeight()

 Dim ws As Worksheet

 Dim picPath As String

 Dim lastRow As Integer

 Dim pic As Picture

 Dim targetCell As Range

 Dim i As Integer

 ' 设置工作表为"sheet1"

 Set ws = ThisWorkbook.Sheets("**sheet1**") ' 确保工作表名称与实际匹配

 ' 确定数据范围（示例为P列，存储着图片文件路径）

 lastRow = ws.Cells(ws.Rows.Count, "**P**").End(xlUp).Row

 ' 循环遍历路径并插入到Q列对应的单元格（示例为Q列，将插入图片）

 For i = 1 To lastRow

 picPath = ws.Cells(i, **16**).Value ' P列的列号为16

 If picPath <> "" And Dir(picPath) <> "" Then ' 确保路径不为空且文件存在

 Set targetCell = ws.Cells(i, **17**) ' Q列的列号为17

 Set pic = ws.Pictures.Insert(picPath)

 With pic

 .ShapeRange.LockAspectRatio = msoTrue ' 保持图片比例

 .Width = targetCell.Width ' 调整图片宽度以适应单元格

 .Height = targetCell.Height ' 调整图片高度以适应单元格

 .Top = targetCell.Top ' 定位图片到单元格顶部

 .Left = targetCell.Left ' 定位图片到单元格左侧

 End With

 End If

 Next i

End Sub